

# North Union Local Schools 2022-23 Elementary Menu

**MENU #1**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Hot Dog/WG Bun Baked Beans French Fries Applesauce	Pizza Sticks Pizza Sauce Mixed Vegetables Banana	Mac/Cheese or Fish Green Beans Peaches Sidekick	Macho Nacho Salsa Cup Salad/Dressing Pineapple/Churro	French Fries BBQ Pork/Cheese Dinner Roll Mixed Berries Rice Krispy Treat

Or Taco Salad    **Second Entree Option - Ham and Cheese Sandwich**

**MENU #2**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Corn Dog Baked Beans Pineapple Rice Krispy Treat	Pepperoni Ripper Corn Orange Pudding	Breakfast Entrée Tator Tots Fruit Mix Yogurt or Smoothie	Hot Pocket Broccoli/Tomatoes/Ranch Baked Chips Pears	Cook's Choice Salad/Dressing Mixed Fruit Cookie

Or Salad Lunch with Ham    **Second Entree Option - Peanut Butter and Jelly**

**MENU #3**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Chicken Patty/Bun Tomatoes/Lettuce Green Beans Fruit Cup Fruit Snack	Pizza Choice Carrots/Celery Ranch or Hummus Pear WG Cookie	Italian Entrée Garlic Toast Salad/Dressing Peaches	Walking Taco Black Bean Salsa Lettuce/Cheese Pineapple/Churro	Chicken Tenders/Nuggets Seasoned Fries Roll/Butter Mixed Fruit

Or Salad Lunch with Turkey    **Second Entree Option - Turkey Croissant**

**MENU #4**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Cheese/Hamburger Baked Beans French Fries Applesauce	Pizza Choice Pizza Sauce California Mix Apple/Cookie	Breakfast Entrée Sausage Tater Tots Fruit Smoothie	Meatballs Mashed Potatoes/Gravy Biscuit/Butter Peaches	Chicken Wrap Salad/Dressing Pretzels Mixed Fruit

Or Salad Lunch with Pepperoni    **Second Entree Option - Grilled Cheese**

**MENU #5**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Cook's Choice Salad/Dressing Chick Peas Fruit Cup Fruit Snack	Pepperoni Ripper Peas/Carrots Grapes Cookie	Grilled Cheese Celery/Carrots Hummus/Ranch Cup Cheese Stick Pears	Chicken & Noodles Mashed Potatoes Roll/Butter Peaches	Orange or General Tso Chicken Broccoli/Fried Rice Pineapple Fortune Cookie

Or Salad lunch with Chicken    **Second Entree Option - Peanut Butter and Jelly**

**BREAKFAST MENU**

MON	Pop Tart, Muffin or Pancake Wrap Juice/Fresh Fruit/Milk
TUES	Bagel/Cream Cheese, Donut or Cereal Bar Juice/Fresh Fruit/Milk
WED	Smoothie, Frudel or Pancake Juice/Fresh Fruit/Milk
THURS	Cereal Bar, Cinnamon Roll or Waffle Juice/Fresh Fruit/Milk
FRI	Frudel, Pop Tart, Muffin Juice/Orange/Milk



[www.n-union.k12.oh.us](http://www.n-union.k12.oh.us)

**Lunch Prices**

Student .....	\$3.00
Reduced Lunches .....	\$0.40
Adult Lunches .....	\$4.00
Milk .....	\$0.50

**Breakfast Prices**

Student .....	\$1.75
Reduced .....	\$0.30
Adult .....	\$2.00

No breakfast served on delay days

Fat free flavored milk and 1% white milk

**3 Menus offered Daily**

- Main Menu
- Chef Salad
- Gopher Lunch

**Menu is subject to change**

Free and reduced lunch program applications are available on line at [www.payschoolcentral.com](http://www.payschoolcentral.com) or at the school office. Please fill them out to qualify for free waivers.

Parents are encouraged to prepay for a la carte. Go to the school website under the cafeteria tab and click on the Pay Schools link. [www.payschoolscentral.com](http://www.payschoolscentral.com)

Free students receive a free breakfast

WG=Whole Grain

**Follow the menu with its calendar day. Each week is represented by a color and represents a 5-week cycle menu.**

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