## **Online Physical Step by Step Instructions**

- 1. Sign in to Web Address: <a href="https://northunionwildcats-oh.e-ppe.com">https://northunionwildcats-oh.e-ppe.com</a>
- 2. CLICK on REGISTER
  - \*Use students name when registering (Not Parents-use may use parents email on email line)
- 3. CLICK register
- 4. CLiCK Submit
- 5. Scroll to bottom of page, CLICK Done
- 6. Click on "Start" tab
- 7. Skip Manage Documents Athletic Dept does this
- 8. CLICK Manage Team Memberships assign yourself to all teams you may participate on
- 9. CLICK Save

## (If you have additional student athletes CLICK Add Member, right under first students name on left) then:

- 1. Add Family Member
- 2. Fill in student athletes first name, DOB, & Gender
- Submit
- 4. CLICK both boxes and check all that apply
- 5. Submit
- 6. CLICK on pencil icon for each section of each family member and complete

## **Final Steps For Completion:**

Once all sections are 100% complete you will click on "Download/Print Reports" then:

- 1. Download & Print out the following
  - a. Consent to Participate
  - b. Emergency Information
  - c. e-PPE Medical History Summary
  - d. Acknowledgement of Insurance Requirements
  - e. Physical Examination Form

(The above pages are what you take to your physician's for your physical as well if you do not have a physical)